

# Phrasal Verbs Challenge: Day 1 Review & Practice

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If you haven't taken today's lesson yet, [click here to watch the video first!](#)

## Review:

Phrasal Verb	Definition	Example
act up	suddenly become troublesome	<ul style="list-style-type: none"><li>- allergies acting up during springtime</li><li>- an old injury acting up</li><li>- a machine acting up (causing problems, not working)</li></ul>
fool around	do casual, fun things that aren't productive	<ul style="list-style-type: none"><li>- kids fooling around in class</li><li>- co-workers fooling around instead of doing what they're supposed to</li><li>- fooling around on social media instead of cleaning the house</li></ul>
die down	become less intense	<ul style="list-style-type: none"><li>- wind dies down when a hurricane passes</li><li>- noise from a party dies down as it ends and people leave</li></ul>
hole up	hide or take refuge	<ul style="list-style-type: none"><li>- animals hole up in a tree or in the ground to hide from predators or to keep warm</li><li>- people hole up in their house or bedroom when they don't want to interact with others</li></ul>
wipe out	completely destroy	<ul style="list-style-type: none"><li>- an exterminator tries to wipe out insects in your home</li></ul>

		<ul style="list-style-type: none"> <li>- an invading army could wipe out the population of an enemy village</li> </ul>
be saddled with	be burdened with something difficult or annoying	<ul style="list-style-type: none"> <li>- the oldest child might be saddled with taking care of their siblings</li> <li>- if my manager doesn't like me, I could be saddled with the most boring tasks in a project</li> </ul>
phase out	remove or stop something gradually, in stages	<ul style="list-style-type: none"> <li>- a company phasing out support for an older version of a product</li> <li>- a country phasing out older ways of generating energy as it begins to implement "clean energy"</li> </ul>
max out	do something up to the highest level possible	<ul style="list-style-type: none"> <li>- max out credit cards by spending up to the limit</li> <li>- max out your potential by doing as much as you possibly can do</li> </ul>
hash out	discuss in detail	<ul style="list-style-type: none"> <li>- hashing out plans for a party in which multiple people contribute</li> <li>- two companies hashing out a complex legal agreement</li> </ul>
dwel on	think about something a lot	<ul style="list-style-type: none"> <li>- choosing not to dwell on an embarrassing past experience</li> <li>- dwelling on your husband/wife's strengths, not their weaknesses</li> </ul>

## Practice:

Complete each sentence with a phrasal verb from the box. You might need to change the form of the phrasal verb (ex. act up → acts up, acted up, acting up) to fit in the sentence.

act up	wipe out	max out
fool around	saddle with	hash out
die down	phase out	dwell on
hole up		

1. I haven't done anything for the past two weeks - I had the flu and it \_\_\_\_\_ my energy.
2. It was a very interesting debate - leaders from five different religions met to \_\_\_\_\_ theological and ethical issues.
3. My grandpa knows nothing about computers, so he always calls me to fix it whenever his computer is \_\_\_\_\_.
4. Salaries for public school teachers \_\_\_\_\_ around \$60,000, so if you're hoping to get rich, choose a different profession.
5. She was \_\_\_\_\_ huge medical bills after her emergency surgery, and had to work three jobs in order to pay them off.
6. The bank robber is \_\_\_\_\_ inside the building with several hostages, and the police are trying to figure out how to get in without anyone getting hurt.
7. I was finally able to forgive her after some time passed and my anger eventually \_\_\_\_\_.
8. There hasn't been much interest in our company's internship opportunities, so we'll \_\_\_\_\_ the program over the next couple years.
9. You'll never find a new girlfriend if you keep \_\_\_\_\_ your ex - it's time to move on.
10. The teenagers got into a serious car accident because the driver was distracted - he was \_\_\_\_\_ instead of paying attention to the road.

## Answers:

1. I haven't done anything for the past two weeks - I had the flu and it **wiped out** my energy.
2. It was a very interesting debate - leaders from five different religions met to **hash out** theological and ethical issues.
3. My grandpa knows nothing about computers, so he always calls me to fix it whenever his computer is **acting up**.
4. Salaries for public school teachers **max out** around \$60,000, so if you're hoping to get rich, choose a different profession.
5. She was **saddled with** huge medical bills after her emergency surgery, and had to work three jobs in order to pay them off.
6. The bank robber is **holed up** inside the building with several hostages, and the police are trying to figure out how to get in without anyone getting hurt.
7. I was finally able to forgive her after some time passed and my anger eventually **died down**.
8. There hasn't been much interest in our company's internship opportunities, so we'll **phase out** the program over the next couple years.
9. You'll never find a new girlfriend if you keep **dwelling on** your ex - it's time to move on.
10. The teenagers got into a serious car accident because the driver was distracted - he was **fooling around** instead of paying attention to the road.