

**HOW TO SPEAK
ENGLISH MORE
CONFIDENTLY
AT WORK**



IS THIS YOU?

- Nervous about speaking English in phone calls, meetings, presentations, and conversations with your boss, co-workers, and clients.



IS THIS YOU?

- Worried about making mistakes when writing business letters, e-mails, and reports.



IS THIS YOU?

- Wondering if your English doesn't sound natural because you say things differently from how a native speaker would say things.



IS THIS YOU?

- Imagining that other people in the business world might be considering you less intelligent or less capable because of imperfect English skills.



YOU'RE NOT ALONE!

- A lot of English learners feel this way
- Today you're going to learn how to change these negative feelings to confident, positive feelings

3 REASONS WHY **CONFIDENCE** IS IMPORTANT



WHY CONFIDENCE IS IMPORTANT

1. Having a low opinion of your English will become a self-fulfilling prophecy (if you believe it, then it will tend to come true)



WHY CONFIDENCE IS IMPORTANT

2. Using English confidently makes you **APPEAR** more fluent (even if you're not yet!)



WHY CONFIDENCE IS IMPORTANT

3. Being confident
feels GOOD!



3 MENTAL EXERCISES FOR INCREASING YOUR CONFIDENCE



#1 – FOCUS ON YOUR STRENGTHS IN ENGLISH

FOCUS ON YOUR STRENGTHS

- Don't constantly compare yourself to native English speakers
- Think of positive things about your English, or accomplishments
- Keep a “success journal” where you write these things down regularly

#2 – UNDERSTAND THAT MOST MISTAKES AREN'T THAT SERIOUS

MOST MISTAKES AREN'T SERIOUS

- Mistakes are a NORMAL part of the learning process!
- Most people won't even notice small mistakes
- Focus on communicating **successfully**, not “**perfectly**”

#3 – MENTALLY REHEARSE AND ROLE-PLAY

MENTALLY REHEARSE

- Think through work situations and imagine yourself using English – what would you say?
- This is proven to make you calmer, more prepared, and more confident when you enter the real situation

3 PHYSICAL EXERCISES FOR INCREASING YOUR CONFIDENCE



#4 – USE CONFIDENT BODY LANGUAGE

USE CONFIDENT BODY LANGUAGE

- Stand or sit up straight, make eye contact, smile, breathe, talk at a normal speed (not too fast)
- Practice, practice, practice – talk in front of a mirror, or film yourself
- Makes you feel and appear stronger

#5 – SPECIFICALLY TRAIN YOUR PRONUNCIATION

TRAIN YOUR PRONUNCIATION

- It's one of the first things other people notice about your English
- Listen & repeat – practice consistently and you will improve
- Goal = make your speaking CLEAR so other people can always understand

**#6 – PRACTICE IN LOW-PRESSURE
SITUATIONS TO BUILD CONFIDENCE
FOR HIGH-PRESSURE SITUATIONS**

LOW-PRESSURE SITUATIONS

- Don't jump right into a high-pressure interview, meeting, negotiation, etc.
- Practice reading English aloud, speak to yourself, talk with a friend
- Build your confidence so you can feel good and speak confidently later

WHAT EXACTLY SHOULD I STUDY?

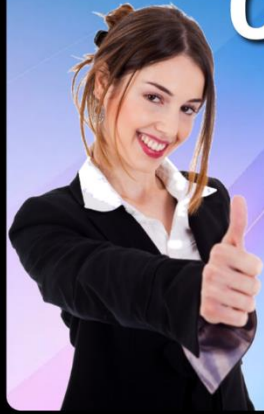


WHAT SHOULD I STUDY?

Here's a perfect package of courses that will help train you to speak English well in professional situations:

PROFESSIONAL SKILLS PACKAGE

Business English Course



Learn practical English for professional situations

200 Common Errors in English

Avoid mistakes & fix errors for more accurate English



American English Pronunciation Course

Speak English more clearly, confidently, and correctly



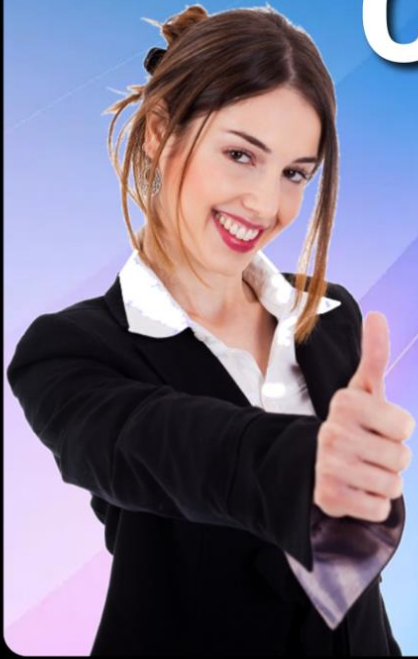
Advanced English Grammar

Take your English from "good enough" to GREAT!



PROFESSIONAL SKILLS PACKAGE

Business English Course



**Learn practical
English for
professional
situations**

Practical phrases
and vocabulary for
professional
situations

PROFESSIONAL SKILLS PACKAGE

American English Pronunciation Course

**Speak English
more clearly,
confidently,
and correctly**



Listen, repeat, and
learn to speak more
clearly & confidently
(includes an
evaluation!)

PROFESSIONAL SKILLS PACKAGE

200 Common Errors in English

**Avoid mistakes
& fix errors for
more accurate
English**



Avoid the most common mistakes in grammar, vocabulary, spelling, and more

PROFESSIONAL SKILLS PACKAGE

Advanced English Grammar

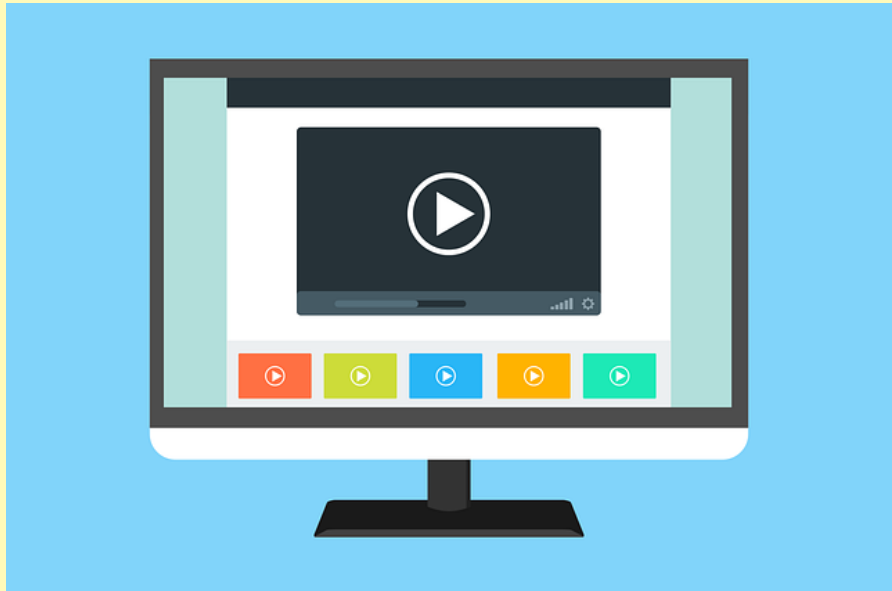
Take your
English from
"good enough"
to GREAT!



Master more
complex topics in
English
(includes writing
tasks with correction)

LESSONS INCLUDE:

Video



Audio



Text





**Instant &
Permanent
Access**
(no time limit!)

BONUS GIFT!

Business English Course



Learn practical English for professional situations

American English Pronunciation Course

Speak English more clearly, confidently, and correctly



200 Common Errors in English

Avoid mistakes & fix errors for more accurate English



Advanced English Grammar

Take your English from "good enough" to GREAT!



Learn English fast with short, sweet lessons!

© EspressoEnglish.net

PROFESSIONAL SKILLS PACKAGE

Business English Course



Learn practical English for professional situations


American English Pronunciation Course

Speak English more clearly, confidently, and correctly



200 Common Errors in English

Avoid mistakes & fix errors for more accurate English



Advanced English Grammar

Take your English from "good enough" to GREAT!



\$40

+

\$30

+

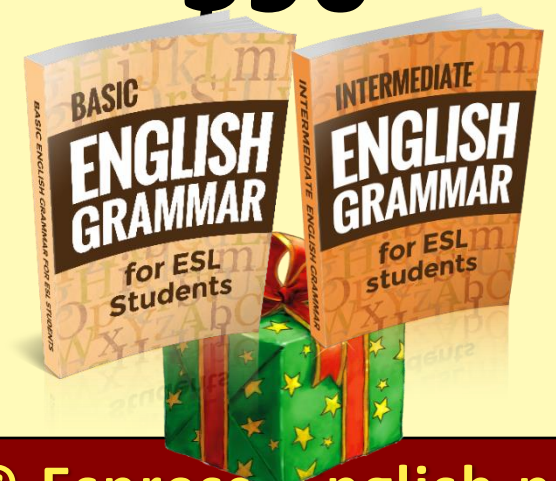
\$40

+

\$90

~~=\$200~~

Get these all for \$97!



Learn English fast with short, sweet lessons!

© EspressoEnglish.net

ANSWERS TO QUESTIONS



HOW MANY LESSONS ARE INSIDE?

- 40 in Business English
- 30 in American Pronunciation
- 40 in Common Errors
- 45 in Advanced Grammar
- 50 in bonus grammar e-books

CAN I TALK WITH A TEACHER?

- There are no live lessons. These courses are designed for **self-study**.
- Study anytime, anywhere, no need to schedule or cancel... it's very convenient!

HOW CAN I PRACTICE?

- **Business Course:** Quizzes + progress tests
- **Pronunciation:** Listen & repeat
+ final evaluation
- **Common Errors:** Quizzes
- **Advanced Grammar:** Quizzes + writing tasks with feedback from a teacher

LIST OF TOPICS IN THE COURSES

- Business Course lesson list
- Pronunciation Course lesson list
- 200 Common Errors lesson list
- Advanced English Grammar lesson list

PAYMENT

Professional Skills Package

- ~~\$200~~ \$97 U.S. dollars
- We accept credit cards and PayPal
- ONE-TIME payment (not every month) and keep the courses forever!

★ 50% DISCOUNT