

Practice Exercises

Simple Present or Present Continuous?

Circle the correct option.

1. **It rains / it's raining** very hard - maybe we shouldn't go out.
2. **I eat / I'm eating** lunch with my coworkers every day.
3. My son **hates / is hating** vegetables. He never eats them.
4. William's not home right now. **He travels / He's traveling**.
5. These shoes **don't fit / aren't fitting**. I need a larger size.
6. From the tone of her voice, **it sounds / it's sounding** like she's angry.
7. My sister **has / is having** long black hair.
8. **I usually go / I'm usually going** to the gym in the morning.
9. My car is being repaired, so **I rent / I'm renting** a car this week.
10. **I confess / I'm confessing** that I have a drinking problem.
11. I just finished the book. Now **I understand / I'm understanding** why everyone loves this author.
12. **They consider / They're considering** buying the house; they said they'll decide by the end of the week.
13. **We currently know / We're currently knowing** nothing about the matter.
14. **He approves / He's approving** of your idea.
15. I've done my part. Now **it depends / it's depending** on you.
16. **I have / I'm having** a headache, so **I have / I'm having** trouble concentrating today.

Always / Continually / Constantly + Present Continuous

Complete these sentences in the present continuous using the suggested words:

Example:

"My daughter can't go 5 minutes without her smart phone. **She's continually checking it.**" (*continually / check / it*)

1. "You're going too fast! Slow down!"

"Come on, Mom, _____!"
(*constantly / criticize / my driving*)

2. "Henry said he's not going to finish the work on time."

"_____."
(*always / miss / deadlines*)

3. "They've just gone to McDonald's for the 5th time this week."

"_____."
(*continually / eat / fast food*)

4. "I can't find my keys!"

"_____."
(*constantly / lose / things*)

5. "She wants us to look after her dog while she's on vacation."

"_____."
(*always / ask for / favors*)

Writing Task

Describe your daily and weekly routines in detail. Talk about your activities, habits, hobbies, and what you're currently working on at your job or in other personal pursuits.

Answers

1. **It's raining** very hard - maybe we shouldn't go out.
2. **I eat** lunch with my coworkers every day.
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4. William's not home right now. **He's traveling**.
5. These shoes **don't fit**. I need a larger size.
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1. "You're going too fast! Slow down!"
"Come on, Mom, **you're constantly criticizing my driving!**"
2. "Henry said he's not going to finish the work on time."
"**He's always missing deadlines.**"
3. "They've just gone to McDonald's for the 5th time this week."
"**They're continually eating fast food.**"
4. "I can't find my keys!"
"**You're constantly losing things.**"
5. "She wants us to look after her dog while she's on vacation."
"**She's always asking for favors.**"

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